

# Are You Switching from Daily Injections to the iLet?

The iLet is very different than using daily injections to take care of your diabetes. Let's make sure you know how it is different so you can be happy and safe using the iLet.

**After you GO BIONIC there are a few important changes that will happen:**

## How you take insulin

### You will get all your insulin from the iLet.

Respond right away to iLet alerts and problems with your infusion site to make sure you are getting insulin. If you wait too long, your blood glucose will go up fast because you do not have long-acting insulin working in your body.

### STOP all insulin injections.

DO NOT take any insulin other than what the iLet is giving you unless your healthcare provider has told you to. If you do this without the help of your healthcare provider, it can lead a very low blood glucose.


## You are connected to an insulin delivery system

### The iLet needs to be connected to your body to give you insulin.

DO NOT take the iLet off for too long. You can take the iLet off for small amounts of time for things like exercise, showering, swimming, and sports. Always remember to put the iLet back on your body when you are done.

### Avoid overtreating your low glucose levels.

If you use too many carbohydrates to treat a low, it can cause a high glucose and the iLet will give you more insulin, then your glucose may go low again. This pattern is called a "rollercoaster" effect.

 **ALWAYS DISCONNECT the tubing from your body before changing your cartridge or filling the tubing.** If you have the tubing connected to your body when changing the cartridge or filling the tubing, you could push a lot of insulin into your body that you don't need. **This is very dangerous!**

## You need to keep the iLet working so it can give you insulin

- Keep it filled with insulin. DO NOT let it run out of insulin.
- Charge it. DO NOT let it run out of battery.
- Keep your infusion site working. **When in doubt change it out!**
- Change your infusion site, insulin cartridge, iLet connect and tubing on time or if it is not working.
- Always wear your CGM.
- Make sure the iLet is reading your CGM values.
- Keep your alerts ON and volume HIGH.
- Respond to all iLet alerts quickly to make sure your iLet is working and can give you insulin.