βetα Bionics

Traveling with your iLet Bionic Pancreas System

Always be prepared when traveling with your iLet!

Following these tips can help make sure you have enough supplies for your trip, avoid interruptions to your iLet therapy and make security screening smoother.

Pack enough supplies for your whole trip (plus extra!) ☐ CGM sensors (and transmitter, if applicable) ☐ Extra insulin in cooler with cold packs or Frio packs ☐ Glucose meter and strips ☐ Urine ketone strips **OR** ketone meter and strips ☐ Rapid-acting carbs (e.g., glucose tabs, juice, etc.) □ Emergency glucagon ☐ iLet insulin cartridges (including syringe & needle to fill) **DO NOT** pack diabetes ☐ iLet Connects (cartridge connectors) supplies in checked bags. ☐ Infusion sets & tubing □ Alcohol wipes **ALWAYS** keep them with you. ☐ Skin adhesive (if applicable) □ iLet charger ☐ Ketone Action Plan & emergency contact information □ Medical ID ☐ iLet airport information card ☐ Insulin pens & pen needles or syringes and dosing instructions from your healthcare provider (In case you need to switch to your back up therapy plan).



At the airport.

- Have your airport information and/or a note from your healthcare provider available for TSA.
- The iLet through can go through the metal detector or body scanner. Show the TSA agent your iLet before going through.
- <u>DO NOT</u> put your iLet through the x-ray machine. You should hand to the TSA agent to inspect by hand.
- Refer to your CGM manufacturer's instructions for information on traveling with your CGM.



In the air.

- You can stay connected to your iLet during your flight.
- If you are entering an aircraft without cabin pressurization or planes used for simulation you should disconnect the iLet from your body for the flight.
- Remember to reconnect when you return to a normal pressure.



Changing Time Zones?

- The iLet will not automatically update the date and time when changing times zones.
- If you are changing time zones, you should update the date and time on your iLet:
 - \circ Go to Settings
 - o Tap General
 - o Adjust the date and time to match the time zone you are in.
 - Confirm the date and time are set correctly including AM/PM.
 Incorrect time may affect safe insulin delivery.
- Remember to switch the date and time back when returning home from your trip.