

Traveling with your iLet Bionic Pancreas System

Always be prepared when traveling with your iLet!

Following these tips can help make sure you have enough supplies for your trip, avoid interruptions to your iLet therapy and make security screening smoother.

Pack enough supplies for your whole trip (plus extra!)

- CGM sensors and transmitter
- Extra insulin in cooler with cold packs or Frio packs
- Glucose meter and strips
- Urine ketone strips **OR** ketone meter and strips
- Rapid-acting carbs (e.g., glucose tabs, juice, etc.)
- Emergency glucagon
- iLet insulin cartridges (including syringe & needle to fill)
- iLet Connects (cartridge connectors)
- Infusion sets & tubing
- Alcohol wipes
- Skin adhesive (if applicable)
- iLet charger
- Ketone Action Plan & emergency contact information
- Medical ID
- iLet airport information card
- Insulin pens & pen needles or syringes and dosing instructions from your healthcare provider (In case you need to switch to your back up therapy plan).



DO NOT pack diabetes supplies in checked bags.

ALWAYS keep them with you.



At the airport.

- Have your airport information and/or a note from your healthcare provider available for TSA.
- The iLet can go through the metal detector or body scanner. Show the TSA agent your iLet before going through.
- **DO NOT** put your iLet through the x-ray machine. You should hand it to the TSA agent to inspect by hand.
- For travel questions related to your Dexcom CGM please visit: <https://www.dexcom.com/en-us/dexcom-airport-and-travel-guide-flying-dexcom-cgm> further information.



In the air.

- You can stay connected to your iLet during your flight.
- If you are entering an aircraft without cabin pressurization or planes used for simulation you should disconnect the iLet from your body for the flight.
- Remember to reconnect when you return to a normal pressure.



Changing Time Zones?

- The iLet will not automatically update the date and time when changing time zones.
- If you are changing time zones, you should update the date and time on your iLet:
 - Go to Settings
 - Tap General
 - Adjust the date and time to match the time zone you are in.
 - Confirm the date and time are set correctly including AM/PM. Incorrect time may affect safe insulin delivery.
- Remember to switch the date and time back when returning home from your trip.